

Policy and Procedure: Visitation Guidelines Post Covid-19 Public Health Emergency

POLICY

It is the policy of this facility to promote and support visitation for residents, families and resident representatives while ensuring safety and adherence to infection prevention strategies to minimize any potential spread of infection. This will be done in accordance with all State and Federal guidance for the prevention of COVID-19.

PURPOSE

To enhance resident quality of life by implementing visitation to combat psychological impacts of isolation from family and representatives.

NYSDOH CRITERIA (Revised 11/16/2021)

Nursing Homes may conduct visitation and activities under the following revised NYSDOH guidelines, which aligns with CMS and CDC guidance.

- 1. The facility has protocols to separate residents into cohorts of positive, negative, and unknown as well as separate staff teams to deal with COVID-positive residents and non-positive residents.
- 2. The facility has completed the NY Forward Safety Plan and submitted a copy of the complete plan to covidnursinghomeinfo@health.ny.gov.
 - a. The facility must retain a copy of the plan at the facility where it is accessible and immediately available upon request of the Department or local zrhealth department.
- 3. Adherence to written screening protocols for all staff during each shift, each resident daily, and all persons entering the facility or grounds of the facility, including visitors. Visitors are encouraged to be vaccinated. If unvaccinated, visitors will be strongly encouraged to be tested within 2-3 days of visiting especially, if county transmission rates are substantial or high.
- 4. The facility will conduct screening of all who enter the facility for signs and symptoms of COVID-19, including temperature checks, questions about and observation for signs or symptoms.
 - The facility will deny entry for those with signs/symptoms or close contact with someone with COVID-19 infection in the past 14 days, regardless of vaccination status.
- 5. Documentation of screening will be maintained and available upon request of the NYSDOH.
- 6. Resident monitoring will include daily symptom checks, vital signs, and pulse oximetry.
- 7. A copy of the facility's formal visitation plan is posted to the facility's public website and may be broadcasted via email or social media to provide visitors with clear guidelines for visiting and to announce if and when visitation is paused due to regulatory reasons associated with COVID-19 infection.

PROCEDURE:

- 1. The facility will expand visitation and/or activities while following Federal and NYSDOH guidance.
- 2. Facility visitation can be conducted through a variety of means:
 - In resident rooms
 - Dedicated visitation spaces
 - Outdoors, weather permitting, (preferred when the resident and/or visitor(s) are not fully vaccinated).
- 3. Visitation may occur at all times, even during outbreak investigations.
 - However, visitors are cautioned to refrain from visiting until outbreak has been contained
 - Facility will continue to notify residents, families, and/or healthcare representatives of any Covidpositive cases
- 4. In order to limit movement in the facility during visitation, the following guidelines will be followed:
 - Visitor(s) will go directly to the resident's room or designated area.



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- If a resident shares a room, the facility will attempt to facilitate in-room visitation while adhering to the core principles of infection prevention as related to Covid-19.
- 5. The facility will post signage regarding facemask utilization and hand hygiene and will utilize floor markings to indicate physical distancing as applicable.
- 6. The facility will allow the number of visitors based on the ability to adhere to IC principles, including the ability to maintain 6 feet physical distancing between residents and visitors, as applicable.
 - The facility will make accommodations for large groups upon request
- 7. Visitors and residents (as tolerated) are required to wear a face mask at all times, regardless of vaccination status, when the county's transmission rate is substantial to high.
- 8. In instances where there is an unvaccinated or moderately to severely immunocompromised roommate who does not wish to leave the room during the visit, all parties (residents and visitors) will be required to wear a face covering (residents = as tolerated)
- 9. A log will be kept for all visitors that includes:
 - First and last name of the visitor;
 - Physical (street) address of the visitor;
 - Daytime and evening telephone number;
 - Date and time of visit;
 - Email address, if available;
- 10. Visitors who are younger than 16 years old should be accompanied by an adult 18 years of age or older.
- 11. If a resident is fully vaccinated, they may choose to have close contact (including touch) with an unvaccinated visitor while both are wearing a well-fitting face mask and performing hand hygiene before and after.
- 12. If both the resident and their visitor(s) are fully, vaccinated and the resident and visitor(s) are alone in the resident's room or designated visitation area, the resident and visitor(s) may choose to have close contact (including touch) without a mask or face covering when the county's transmission rate is low to moderate.
- 13. Current COVID-19 positive residents and residents on a quarantine stay will be permitted to receive visitors
 - Visitors will be provided with the following education:
 - Visiting is not recommended as it may increase the risk of visitor getting Covid
 - Visits will be limited to the resident's room
 - A face covering to cover the nose and mouth must be worn at all times
 - Facility may require visitor to wear additional personal protective equipment to include gown, eye protection, and gloves
 - Visitor must perform hand hygiene before leaving resident's room
- 14. The facility will provide and post a fact sheet outlining visitor expectations including appropriate hand hygiene and face coverings. The fact sheet will be provided upon initial screening to all visitors.
- 15. If any visitor fails to adhere to the visitation protocols, he/she/they will be asked to leave and may not be permitted to visit in the future (CMS QSO-20-39-NH, rev 11/12/2021)



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References	
OBRA Regulatory Reference Numbers	42 CFR § 483.10(f)(2) 42 CFR § 483.10(f)(4)(ii) and (iii)
Survey Tag Numbers	F561
Other References	NYSDOH (9/15/2020). Health Advisory: Skilled Nursing Facility Visitation. https://health.ny.gov/facilities/nursing/docs/2020-09-15 nursing facility visitation.pdf CMS (9/17/2020). Ref: QSO-20-39-NH. Nursing Home Visitation: Covid-19. Nursing Home Visitation-COVID-19 (mo.gov) NYSDOH (Rev 2/22/2021). Health Advisory: Skilled Nursing Facility Visitation. https://www.govemor.ny.gov/sites/default/files/atoms/files/NH Visitation update 2-22-2021.pdf CMS (3/10/2021). Ref: QSO-20-39-NH. Nursing Home Visitation: Covid-19 (Revised). QSO-20-39-NH Revised (cms.gov) NYSDOH (3/25/2021). Health Advisory: Skilled Nursing Facility Visitation. https://coronavirus.health.ny.gov/system/files/documents/2021/03/updated nursing home visitation. https://www.cde.gov/coronavirus/2019-ncov/hep/infection-control-after-vaccination.html CMS (Rev 4/27/2021). QSO-20-39-NH: Nursing Home Visitation-Covid-19. https://www.cms.gov/files/document/qso-20-39-nh-revised.pdf NYSDOH (6/1/2021). Personal Caregiving and Compassionate Caregiving Visitors in Nursing Homes and Adult Care https://www.cms.gov/sites/default/files/pdf/emergency.regulations/Personal%20Caregiving%20an d%20Compassionate%20Caregiving%20Visitors%20in%20Nursing%20Homes%20and%20Adult%20 Care%20Facilities.pdf NYSDOH (7/8/2021). Health Advisory: Revised Skilled Nursing Facility Visitation. https://coronavirus.health.ny.gov/system/files/documents/2021/07/nh visitation guidance -7-8-2021.pdf CMS (Rev 11/12/2021). QSO-20-39-NH: Nursing Home Visitation Covid-19. https://www.cms.gov/files/document/qso-20-39-nh-revised.pdf NYSDOH (1/16/2021). DAL: Revised Nursing Home Visitation Guidelines. https://www.health.ny.gov/professionals/nursing Home administrator/dal/docs/dal nh 21-27.pdf
Related Documents	
Revisions	7/13/2020 3/26/2021 11/18/2021 9/16/2020 4/16/2021 2/24/2021 7/9/2021